

sergeant *ask you ahh...*



Ever wondered what it's
like declaring your
sexuality or HIV status
during National Service?



PCY

Pink Carpet Y

PCY is a resource centre and operates a drop in centre for GBQ men between 18 & 25.

If you need more information or is unable to bring this home,
Please visit gayhealth.sg/pcy/ns

gayhealth.sg
In the Pink

Overseas Deployment

Depending on your unit and vocation, you may be deployed overseas for military exercise or to serve parts of your service. There will be a compulsory HIV test when you return from such deployment.

Lights Out

Some of us have fantasized about military men or heard stories about sex after training or lights out.

In reality, not only is this highly risky, it is also likely to be the last thing on your mind when you return from outfield exhausted. We do not recommend that you act on it no matter how cute your commanding officer, or bunk mate is.

Coming Out During NS

Coming out is always stressful, whether it is to friends, family or your campmates.

Name calling and bullying can happen, especially if you are more fabulous and fierce than that basic bitch, but it is usually in good fun.

That hokkien peng with ang kong kia all over his body is gonna scare your bunk mates more than you.

Having said that, if things get bad, do not be afraid to speak to an officer.

"I took the opportunity during BMT to speak to my Orientation Officer about declaring my sexual orientation. He wrote a letter addressed to the medical officer at Pulau Tekong.

I got the call to attend a medical board review at NUH within a month. My status was confirmed after answering questions in relation to my sexuality. After that, I went back to camp, got out of course and became a store man for the rest of my NS life" - Sammy, 24, Student



Front Cover

Steady P o m Pi Pi



ORD LOH

Freedom never felt this good

Operationally Ready Date (ORD) marks the end of your service and the start of a new life for you.

As you proceed to collect your pink IC, you will undergo another compulsory medical checkup which includes an HIV test.

After ORD

If you are thinking of declaring 302 after ORD, you will have to book an appointment with the MO at your base.

★ Pro Tip
Speak to a MINDEF counsellor, if you experience psychological issues and/or physical abuse.

SAF - 1800-278-0022
SCDF - 1800-286-6666
SPF - 1800-255-1151

Talk To Us

Speak to our peer counsellors

GBQ & HIV Matters
gayhealth.sg/pcy
@gayhealth.sg
6254-0212

NS Related Matters
1800-3676767
MINDEF

STI & HIV Matters
6293-9648
DSC Clinic



What if there are changes to my medical condition ?

You can inform the Medical Classification Centre (MCC) of any declarations or changes to your medical condition via memo from your doctor or specialist at any time. Your PES status may then be changed pending review, which will affect your subsequent vocation and posting.

Reservist

There will be another HIV test as part of your FFI. If you have not reach your Run Off Date (ROD) when you turn 35.

About Us

Pink Carpet Y (PCY) is gayhealth.sg's new programme for GBQ youth below the age of 25. We work closely with community partners and care givers to form a supportive network that ensures the ability for young GBQ men to access health services safely.

PCY adopts a sex-positive attitude towards peer-led sexual health education.

Drop In Centre | Events | Training | Social Gatherings | Workshops

We would like to thank Singaporelgbtmedia for the information, as well as our volunteers for fact checking and contributing so generously & bravely.

End cover

Ehh Recruit...

National service can be a stressful time for Gay, Bi or Questioning men (GBQ), especially those living with

If you're curious what it's like to serve, declare 302 and/or your HIV status, this brochure will give you an idea of what to consider!

Disclaimer:

This information is created to help you make an informed decision.

PCY does not take any stand in the issue - the decision is entirely up to you.

#PCYFam

You Think I Thought Who Confirm



All male citizens and Singapore Permanent Residents will be liable for National Service (NS) registration upon reaching the age of 16.5 years old under the Enlistment Act (Chapter 93).

What Is 302?

Category 302 is a medical code assigned to personnel who are "homosexuals or transsexuals etc.", as stated in the SAF directive, inspired by the now defunct International Classification of Diseases (ICD).

What is PES Status?

The Physical Employment Standards (PES) is a fitness ranking based on your medical condition to determine service vocation.

A, B1 : All combat vocations

B2,3,4 : Some combat & support vocations

BP : Fit for Obese BMT

C2, 9 : Some combat support & service support vocations

D : Temporarily unfit for grading pending further review (Only applicable to pre-enlistees)

E1, E9 : Combat service support & service vocations

F : Medically unfit for any form of service

Tell you first ahh..

Pre-Enlistment



Medical Checkup 302 HIV+

Upon receiving the NS Registration Notice, it is important for you to register as soon as possible. The online pre-enlistment registration form will prompt you to book a medical checkup appointment.

You may choose to declare your sexual orientation at the end of the form.

★ Pro Tip
Please have your meal before your medical checkup. The entire process will take 4 to 5 hours.

Declaring 302 does not exempt you from serving NS - you will only be downgraded to PES C and put through a modified Basic Military Training (BMT) programme.

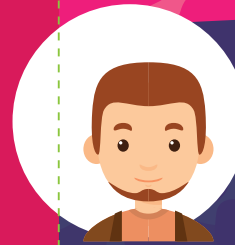
PES C vocations are usually of a service support or service vocation. These typically include administrative roles, or those of logistics or transport nature.

⊖ Compulsory HIV testing will be conducted

- Before enlistment
- Before and after overseas deployment
- Before ORD

★ Pro Tip
It's sexy to know your sign. Ask us for a HIV test first lah. It's FREE & anonymous!

⊕ If you are living with HIV and already seeking treatment at a local hospital, just ask your physician for help to kick start the process notification.



"I was diagnosed with HIV a few months before my pre-enlistment checkup. My doctor issued a declaration letter for me to hand to the Medical Officer (MO).

On that day, the checkup went on per normal, until the last station, where I handed the declaration letter over to the MO. He asked a few questions about my sexuality, and clarified that I do not want to serve NS. The MO was nice and reassured me that I will do well in life. An exemption letter was mailed to me several weeks later." - Kelvin, 20, Designer

What If I Test HIV Positive !?

HIV is no longer a terminal illness. Things are different now. SAF no longer discharges people with HIV automatically - you are given a choice whether to be discharged or to serve.

Even though MINDEF & MOH will be notified, and your details reflected in the National Electronic Healthcare Records, this information is safeguarded and remains confidential. Only medical professionals rendering support and treatment are granted access.

There are laws in place to protect your identity, and under NO circumstances will your details be shared with private companies, family members or employer.

Having said that, MINDEF is obligated by law to inform your legal guardian if you test HIV positive when 21 and below, though you have a measure of control over who receives this information and how it is used.

★ Pro Tip
Use your 11B to access any STI test or treatment at any government clinic or hospital completely free of charge!

